Unit 01

Emotions 情绪・别让它左右你

1.1 Delight 高兴



I'm so glad. 我真高兴。

替换表达:

I'm really delighted about your success. 我真的为你的成功而感到高兴。/ that you got into Yale. 你进了耶鲁我真的为你高兴。/ to see you. 见到你我真的很高兴。/ to win this game. 赢了这场比赛我真的很高兴。/ to hear that. 听到这消息我真的很高兴。

How wonderful!

好极了!

A: We're going on a picnic tomorrow.

我们明天去野餐。

B: How wonderful! 好极了!



Oh, it is good news.

哦,这是好消息。

这句话中,good可以换成其他表示"好"的形容词,如delightful和splendid。

A: Our dormitory will be renovated next month.

我们宿舍下个月翻修。

B: Oh, it is good news.

哦,这是好消息。

1 feel like a million dollars.

我觉得痛快极了。

英文口语表达中常用million来表示程度,这里a million dollars当然是很多钱,这些钱会让你心花怒放,也就是"非常高兴"的意思。

A: You are named the prom queen.

你被选为毕业舞会皇后。

B: I feel like a million dollars.

我觉得痛快极了。

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I'm or _{我大高}

I'm on cloud nine.

我太高兴了。

cloud nine是俚语,表示"极乐心境,狂喜状态",固定搭配是on,请注意不要加上the。

A: You passed!

你考试通过了口

B: Oh, I'm on cloud nine.

哦,我太高兴了。

I'm on top of the world.

我高兴极了。

on top of the world直译为"世界之巅",比喻"幸福到极点,心满意足"。这也是英文口语中较为常见的用法。

A: I hear that you will be promoted, not Trish.

我听说你会被提拔, 而不是崔西。

B: Now, I'm on top of the world.

现在, 我高兴极了。

What a blast.

真痛快。

blast在美国俚语中表示"狂欢",用在以what起头的感叹句中可以表示自己的心情。

A: How do you like the party last night?

你觉得昨晚的派对怎么样?

B: What a blast.

真痛快。

7 Cool!

好极了!

- A: My parents bought me this new video game. Wanna play? 我父母给我买了这个新的电子游戏,想玩吗?
- B: Cool!

好极了!

海老外 正在用的 精彩短对话

Dialogue 1 Here We Are 我们到了

- A: I can't say how pleased I am to have you accompany me.
- B: No trouble at all.
- A: Oh, here we are.
- B: You go first. I need to find the parking lot. I'll catch up.
- A. 有你陪着我我说不出有多高兴。
- B: 这没什么。
- A: 哦, 我们到了。
- B. 你先去, 我得找到停车场, 我会赶上你的。

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情景口语

Dialogue 2 Did You Win? 你赢了吗?

A: Did you win?

B: Yeah. We did!

A: Congratulations! I am so happy for you guys.

B: Let's go celebrate.

A: 你们赢了吗?

B. 是的, 我们赢了!

A: 恭喜! 我太为你们高兴了。

B: 走, 我们庆祝去。



Scene 1 Long Time No See 好久不见

多年不见的老朋友在百货公司碰上了。

Kelly: Susan? Is that you?

Susan: Kelly? Kelly! Oh my god, didn't expect to see you here.

Kelly: Me either. Oh, I'm really overjoyed to see you again. How are things

qoinq?

Susan: Not bad. What about you? What's new with you?

Kelly: Well, I had a baby three months ago. Susan: That's wonderful. A girl or a boy?

Kelly: A boy. And I'm here trying to buy him some cute clothes. Believe me,

this is no easy job.

Susan: If you want, I can help you. And we can have more time to talk.

Kelly: Good idea. Thanks.

凯莉: 苏珊? 是你吗?

苏珊: 凯莉? 凯莉! 哦我的天啊, 没想到会在这儿看见你。

凯莉:我也没想到。哦,再见到你我真是万分高兴。你最近如何?

苏珊: 还不错。你呢? 有什么新动态?

凯莉:嗯,我三个月前生了个孩子。 苏珊:这真是太好了。女孩还是男孩?

凯莉:男孩。而我正在这儿想给他买点可爱的衣服呢。相信我,这差事可不容易。

苏珊: 如果你愿意的话,我可以帮助你。而且我们还能有更多的时间说说话。

凯莉:好主意。谢谢。



Scene 2 Recovering Much Faster than Expected 比预期的要恢复得快得多

邻居在超市购物时碰见。

Harper: Jessie! What are you doing here? Aren't you supposed to be at the hospital with your daughter?

Jessie: She is doing much better now. She recovers much faster than expected.

Harper: Wow! That's the best thing I've heard recently.

Jessie: Thank you. And the doctor said that Daisy can eat home-made food now. So here I am shopping.

Harper: Is there anything I can do? I can help you cook.

Jessie: Oh, no. Thanks! I enjoy doing this. Today is my first day of normal life after Daisy got hit by a bus.

Harper: Yeah. Good for you. And good for Daisy. Can I stop by today to see her?

Jessie: Sure. Come along.

哈珀: 杰西! 你在这儿做什么? 你不是应该在医院陪着你女儿吗?

杰西: 她现在好多了, 比预期的要恢复得快得多。

哈珀: 哇! 这是我最近听到的最好的消息了。

杰西:谢谢你。而且医生说,黛西现在能够吃家里做的食物了,所以我就来这儿购物了。

哈珀: 我能够做些什么吗? 我能帮你烹饪。

杰西: 哦,不。谢谢!我很享受这一过程。自从黛西被公共汽车撞了之后,今天是我 第一天回归正常的生活。

哈珀: 是啊。这对你是件好事,对黛西来说也是好事。我今天能顺路过去看看她吗?

杰西: 当然了, 一起来吧。

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1.2 Reproach 责备



Shame on you! 真丢脸!



替换表达:

That's no way to treat a friend. 那不是对待朋友的方式。/ to talk to your parent. 那不是跟父母说话的方式。/ to close a deal. 生意不应该这么做。/ to show your courage. 你不该通过这种方式展示勇气。/ have fun. 你不该这样玩乐。

✓ I felt so ashamed of you.

我真为你感到羞耻。

ashamed在这里是形容词,只能用作表语,固定搭配是be ashamed of…, 意为"为……感到羞愧"。

A: I had to school him. He laughed at me.

我必须得教训教训他,他嘲笑了我。

B: I felt so ashamed of you. 我真为你感到羞耻。

It's so typical of you.

你老是这样。

A: Gosh, I forgot to lock the door.

天啊,我忘了锁门。

B: It's so typical of you.

你总是这样。

What a thing to do.

干的什么事啊。

A: I just played a prank on John. Then he cried. 我刚跟约翰玩了个恶作剧,然后他哭了。

B: Oh, what a thing to do.

哦,干的什么事啊。



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Are you mad, Tom?

汤姆, 你疯了吗?

mad在这里可以被替换成crazy或insane, 都表示"疯了的"意思。

A: I wanna leave home. My parents are driving me nuts. 我要离开家,我的父母快把我逼疯了。

B: Are you mad, Tom? 汤姆, 你疯了吗?

Don't be silly!

别傻了!

句中的silly可以换成其他表示"傻、笨"的词,如stupid, ridiculous和foolish。

A: Why don't we drive all the way to Nevada? 我们为什么不一路开车去内华达?

B: Don't be silly! 别傻了!

It's none of your business.

这不关你的事!

A: I heard that you had a fight with your wife last night. 我听说你昨晚和自己的老婆吵了一架。

B: It's none of your business. 这不关你的事!

You naughty boy!

你这个调皮鬼!

A: Mom, I lost my shoe. 妈妈, 我弄丢了一只鞋。

B: You naughty boy! 你这个调皮鬼!

Can't you be serious for once?

你就不能严肃点吗?

for once是固定词组, 意为"只有一次, 就这一次"。

A: Look at you! You look funny when you're mad.

看看你! 你生气的时候看上去很有趣。

B: Can't you be serious for once? 你就不能严肃点吗?

Dialogue 1 After Finishing with the Bread 吃完面包之后

A: When you're finished with the bread, put it back into the fridge.

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- B: I did.
- A: There now! Didn't I tell you?
- B: Alright. Alright. I forgot.
- A: 你吃完面包之后, 把它放回冰箱里去。
- B: 我放回去了。
- A: 你看看! 我没告诉你吗?
- B: 好吧, 好吧。我忘了。





Dialogue 2 Prank 恶作剧

- A: How can you do that to him?
- B: Do what?
- A: Pranks. Joey is crying in his room.
- B: Fine. I'll go apologize.
- A: 你怎么能那样待他呢?
- B: 我做什么了?
- A. 恶作剧啊。乔伊正在自己的房间里哭呢。
- B. 好吧。我会去道歉的。

Scene 1 Taking the Right Side 站在正确的这边

妈妈在教育大女儿。

Dolly: Carrie! Come over here.

Carrie: What's wrong?

Dolly: Where is your sister's cake?

Carrie: Well, I ate it.

Dolly: Why did you do that?

Carrie: So what! I was hungry. She wouldn't like it anyway.

Dolly: How could you say something like that? Aren't you ashamed of your

selfish behavior?

Carrie: You always take her side.

Dolly: That's not true. I take the right side.



多莉:卡丽,过来。

卡丽: 怎么了?

多莉: 你妹妹的蛋糕呢?

卡丽: 恩, 我吃了。

多莉: 为什么这么做?

卡丽: 那又怎么样了! 我饿了。反正她也不会喜欢吃的。

多莉: 你怎么能说出这样的话呢? 你不为你自私的行为感到羞耻吗?

卡丽: 你总是站在她那边。

多莉: 事实不是这样的。我总是站在正确的那边。

Scene 2 Painting the Walls 粉刷墙面

室友之间的对话。

Sandy: Turner! Here you are. I've been looking everywhere for you.

Turner: What's up, man?

Sandy: What are those people doing in our apartment?

Turner: They are painting the walls. It's obvious.

Sandy: I know what they are doing. I want to know why.

Turner: Well, I hate the original color.

Sandy: I hate it too. But you could at least have told me beforehand.

Turner: Okay. Next time.

桑迪:特纳! 你在这儿。我到处找你呢。

特纳: 怎么了, 伙计?

桑迪:那些人在我们的公寓里做什么?

特纳:他们在刷墙啊。这很明显吧。

桑迪: 我知道他们在做什么, 我想知道为什么。

特纳: 恩, 我讨厌原来的颜色。

桑迪: 我也讨厌, 但是你至少可以事先告诉我啊。

特纳:好吧。下次会的。

1.3 Surprise 混雜



Really? 真的吗?

替换表达:

I didn't expect to see you here. 我没想到会在这儿看到你。/ that Bob will marry Jane. 我没有想到鲍勃会和简结婚。/ you would do something like that. 我没想到你会做出那样的事情。/ to hear from Don. 我没想到会听到唐的消息。/ that the Dean would resign. 我没有想到院长会辞职。



Good gracious!

天哪!

这种类型的感叹句在英文口语中经常听到,句中的gracious 还可以换成很多其他的词,如Good heavens!和Good Lord! Good God!,与其有异曲同工之效的表达有Dear God!和 Dear Lord!



- A: Good gracious! You look amazing.
 - 天哪! 你看上去美极了!
- B: Thank you. I love this dress. 谢谢, 我很喜欢这条裙子。

Gosh, I forgot to lock the door.

天啊,我忘了锁门。

- A: Gosh, I forgot to lock the door.
 - 天啊, 我忘了锁门。
- B: It's so typical of you. 你总是这样。

How astonishing!

真惊人!

- A: Look! The street artist is painting on the wall.
 - 看! 街头艺术家正在墙上作画。
- B: How astonishing!

真惊人!

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4

You're kidding!

你在开玩笑吧!

如果想要更加强烈的语气,这句话还可以说成You must be kidding!或You have got to be kidding me!

A: You got in.

你被选上了。

B: You're kidding!

你在开玩笑吧!

5

Indeed?

真的吗?

A: Sammy and I broke up.

萨米和我分手了。

B: Indeed?

真的吗?

6

Are you crazy?

你疯了吗?

A: I wanna leave for south Africa.

我想去南非。

B: Are you crazy, Tom?

汤姆, 你疯了吗?



Dialogue 1 Resigning 辞职

A: Professor Humphrey resigned.

B: No! I don't believe it! I saw him yesterday.

A: It happened this morning, after he had a big fight with the Dean.

B: Oh, dear.

A: 汉弗里教授辞职了。

B: 不! 我不相信! 我昨天还看到他的。

A: 他是今早辞职的, 在他和院长大吵一架之后。

B. 哦, 天啊。

2

Dialogue 2 Missing You 想你

A: Look who's coming!

B: Uncle Barney! What a surprise!

A: Oh, come here. I miss you so much.

B: Me too.

A: 瞧谁来了!

B. 巴尼叔叔! 真是个惊喜啊!

A: 哦, 过来。我想死你了。

B. 我也想你。